

### MCQS<sup>Q&As</sup>

Multiple-choice questions for general practitioner (GP) Doctor

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#### **QUESTION 1**

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A 25-year-old girl saw a tragic RTA in which a young boy was killed. The night of the event she couldn\\'t sleep after she suddenly lost her vision. She was previously fine and there was no history of medical or psychologic

| What is the diagnosis?  |
|---|
| A. Dissociation   |
| B. Generalize Anxiety disorder  |
| C. Post-traumatic Stress disorder   |
| D. Somatization   |
| E. Conversion   |
| Correct Answer: E   |
| Conversion reaction. Conversion reaction is sometimes applied to patients who present with neurol such as numbness, blindness, paralysis, or fits, which are not consistent with a well-established organic cause significant distress. It is thought that these symptoms arise in response to stressful situations affecting mental health |
| QUESTION 2  |
| Female with recently inserted IUCD coming with watery brownish vaginal discharge and abdominal pain what is the most likely diagnosis?  |
| A. Bacterial vaginosis  |
| B. D-ectopic pregnancy  |
| C. Uterine rupture  |
| D. Ovarian torsion  |
| Correct Answer: A   |
|   |
| QUESTION 3  |
| A homeless lady presents with cough and fever. She complains of night sweats and weight loss. CXR has opacity.  |
| What is the next appropriate management?  |
| A. IFN gamma testing  |
| B. Mantoux  |
| C. Bronchoscopy   |

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Correct Answer: D

Cough and fever and night sweat and weight loss are very suggestive of TB. She should do AF investigation.

#### **QUESTION 4**

Young sexually active girl has severe knee pain, swelling fever, warmth joint. What is the diagnosis?

- A. Osteoarthritis
- B. Rhumatoid Arthritis
- C. Septic arthritis

Correct Answer: B

#### **QUESTION 5**

A 72years presents with polyuria and polydipsia. The fasting blood sugar is 8 and 10mmol/l.BP=130/80mm cholesterol=5.7mmol/l. There is microalbuminuria.

What is the single most appropriate next management?

- A. Statin and glitazone
- B. ACEi and sulfonylurea
- C. Statin and Biguanide
- D. Statin and ACEi

Correct Answer: D

#### **QUESTION 6**

A new screening test has been devised to detect early stages of prostate cancer. However, the test tends t of people with no cancer, although they do have cancer as diagnosed by other standard tests.

What is this flaw?

- A. True -ve
- B. False +ve
- C. Poor specificity
- D. True +ve
- E. False -ve



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Correct Answer: E

#### **QUESTION 7**

The drug of choice in the treatment of Oxyrus worm is?

- A. Levamisol
- B. Metronidazole
- C. Tenidazol
- D. Pyrantel pomoate

Correct Answer: D

#### **QUESTION 8**

A 70-year-old man comes to the emergency department having had chest pain for the last hour. His initial EKG shows ST segment elevation in leads V2?4. Aspirin has been given.

Which of the following will most likely benefit this patient?

- A. Diltiazem
- B. Angioplasty
- C. Thrombolytics
- D. Metoprolol

Correct Answer: B

Angioplasty will lower the risk of mortality most for this patient. If it can be obtained within 90 minutes, angioplasty is the best therapy. Metoprolol lowers mortality but is not dependent on how soon you give it, as long as the patient receives it before going home.

#### **QUESTION 9**

A 6-weeks postpartum presents with palpitations, tremors, insomnia. Diagnosis?

- A. Hashimoto Thyroiditis
- B. Dysmorphogenesis
- C. Postpartum Thyroiditis

Correct Answer: C

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During postpartum thyroiditis, you might experience two phases. T release of thyroid hormone might first cause mild signs and symptoms similar to those of an (hyperthyroidism), including: Anxiety Irritability Rapid heartbeat or palpitations Unexplained weight loss Increased sensitivity to heat Fatigue Tremor Insomnia These signs and symptoms typically occur one to four months after delivery and last one to the Later, as thyroid cells become impaired, mild signs and symptoms of underactive thyroid (hypot develop, including: Lack of energy Increased sensitivity to cold Constipation Dry skin Difficulty concentrating Aches and pains These signs and symptoms typically occur four to eight months after delivery and can last from months. Keep in mind, however, that some women who have postpartum thyroiditis develop symptoms o or only hypothyroidism, but not both.

#### **QUESTION 10**

A man comes to the clinic having had a painless, firm genital lesion for the last several days. The inguinal adenopathy is painless.

What is the most accurate diagnostic test?

- A. VDRL
- B. RPR
- C. Darkfield microscopic exam

Correct Answer: C

The VDRL and RPR are only 75 percent sensitive in primary syphilis. There is a false negative rate of 25 percent. The most accurate test in primary syphilis is dark field microscopy.

#### **QUESTION 11**

A healthy male misses his work for 3 days, he has many times a bowel movement, and it is difficult to wrest it, laboratory tests have shown very high levels of calcium.

What is parenteral treatment?

- A. Hydration
- B. Calcitonin
- C. Furosemide
- D. Phosphate

Correct Answer: A

First hydration to prevent renal injury secondary to hypercalcemia then diuretics and then calcitonin.

#### **QUESTION 12**

A 60-year-old woman with metastatic breast cancer comes in with back pain. The spine is tender. She has hyperreflexia of the legs.

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| What is the most urgent step?   |
| A. CT/MRI   |
| B. Steroids   |
| C. Biopsy   |
| D. Radiation  |
| Correct Answer: D   |
| The most urgent step in the management of cord compression is to administer steroids as soon as possible and to relieve pressure on the cord. Imaging studies are done after steroids are given, if the diagnosis of cord compression is clear (as it is in this case with pain, tenderness, and signs of hyperreflexia in the legs). |
| QUESTION 13   |
| A 20 year\\'s woman with no previous history of ear complains, presents with 1day history of severe pain in is extremely tender to examine.   |
| What is the single most likely diagnosis?   |
| A. Chondromalasia   |
| B. Myringitis   |
| C. Furuncle   |
| D. Otitis media   |
| E. Otitis Externa   |
| Correct Answer: E   |
| Extreme tenderness to examine indicate otitis externa.  |
| QUESTION 14   |
| A pregnant woman comes with weakness and elevated liver function tests. She is in her 35th week of pregnancy. The prothrombin time is normal. The smear of blood shows fragmented red cells. Platelet count is low.   |
| What is the treatment?  |
| A. Delivery of the baby   |
| B. Fresh frozen plasma  |
| C. Prednisone   |
| Correct Answer: A   |

Deliver the baby with the HELLP syndrome. HELLP syndrome stands for hemolysis, elevated liver function tests, and



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low platelets. This disorder is idiopathic and can be distinguished from DIC by the normal coagulation studies, such as the prothrombin time and aPTT.

#### **QUESTION 15**

A terminally ill with metastatic carcinoma presents with dysphagia and difficulty in swallowing.

What is possible treatment?

- A. Analgesic
- B. Cotrimazole
- C. PO fluconazole
- D. Nystatin suspension
- E. Amphotericin B IV

Correct Answer: C

PO fluconazole. Treatment of carcinoma can predispose to development of esophageal candidiasis as follows: Oral fluconazole (200 ?400mg) daily for 14 to 21 days (if needed IV fluconazole can also be given).

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