



RPFT^{Q&As}

Registry Examination for Advanced Pulmonary Function Technologists

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QUESTION 1

Which of the following is an appropriate reason to perform a multiple-breath nitrogen washout test?

- A. Measure anatomical dead space.
- B. Differentiate obstruction from restriction.
- C. Detect early small airway disease.
- D. Measure oxygen consumption.

Correct Answer: C

QUESTION 2

During a bronchial provocation study, a patient has the following spirometric values after a 0.25 mg/mL dose of methacholine:

	<u>Baseline</u>	<u>Observed</u>
FVC (L)	5.0	4.9
FEV ₁ (L)	4.0	3.7
FEF _{max} (L/sec)	9.0	5.0

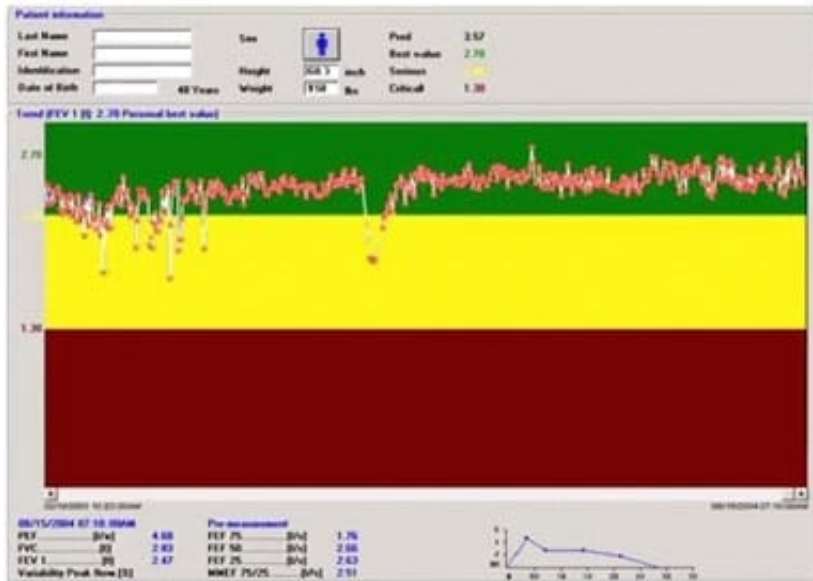
Based on these results, a pulmonary function technologist should

- A. Instruct the patient to blow out longer and repeat the effort.
- B. Stop the test and immediately administer a bronchodilator.
- C. Instruct the patient to blow out harder and repeat the effort.
- D. Reduce the concentration of methacholine on the next trial.

Correct Answer: A

QUESTION 3

A pulmonary function technologist reviews the following home monitoring spirometry results:



According to National Asthma Education and Prevention Program (NAEPP) guidelines, what feedback should the technologist give to the patient regarding test performance?

- A. Ask the patient to blow out longer.
- B. Encourage the patient to continue testing and monitoring the FEV1
- C. Ask the patient to recalibrate the spirometer.
- D. Come into the office for further instructions on proper testing technique.

Correct Answer: B

QUESTION 4

A patient's vital capacity is slightly reduced, the FEV1/FVC is normal, and the uncorrected DLco is increased. Which of the following is the most likely diagnosis?

- A. diffuse pulmonary fibrosis
- B. diaphragmatic hemiparesis
- C. kyphoscoliosis
- D. polycythemia vera

Correct Answer: D

QUESTION 5

The following results are obtained:



	<u>Actual</u>	<u>Predicted</u>
TLC	6.0 L	6.2 L
FRC	2.2 L	3.0 L
VC	4.8 L	5.0 L

The RV/TLC ratio from these data is consistent with which of the following?

- A. Obstructive defect
- B. Normal lung volumes
- C. Combined obstructive/restrictive defect
- D. Restrictive defect

Correct Answer: A

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