



# NCLEX-RN<sup>Q&As</sup>

National Council Licensure Examination(NCLEX-RN)

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### QUESTION 1

A 22-year-old client who is being seen in the clinic for a possible asthma attack stops wheezing suddenly as the nurse is doing a lung assessment. Which one of the following nursing interventions is most important?

- A. Place the client in a supine position.
- B. Draw a blood sample for arterial blood gases.
- C. Start O<sub>2</sub> at 4 L/min.
- D. Establish a patent airway.

Correct Answer: D

(A) During impending respiratory failure or asthmatic complications, the client is placed in the high-Fowler position to facilitate comfort and promote optimal gas exchange. (B) Arterial blood gases are monitored in the treatment of respiratory failure during an asthma attack, but it is not an initial intervention. (C) O<sub>2</sub> therapy is used during an asthma attack, but it is not the initial intervention. The usual prescribed amount is a cautiously low flow rate of 1? L/min. (D) Wheezing is a characteristic clinical finding during an asthma attack. If wheezing suddenly ceases, it usually indicates a complete airway obstruction and requires immediate treatment for respiratory failure or arrest.

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### QUESTION 2

A 15-year-old client is admitted to the adolescent unit. The nurse recognizes that encouraging a client to speak openly depends on how clearly questions are phrased. Which of the following statements is most desirable in eliciting information from an adolescent client?

- A. "Do you get along well with your family?"
- B. "Do you communicate with your parents?"
- C. "You don't hate your family, do you?"
- D. "What is it like between you and your family?"

Correct Answer: D

(A, B) This statement can be answered with a simple yes or no. (C) This statement is asked in a negative manner and therefore has a negative connotation. (D) This statement is open ended and positively stated.

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### QUESTION 3

A client had a vaginal delivery 3 days ago and is discharged from the hospital on the 2nd day postpartum. She told the RN, "I need to start exercising so that I can get back into shape. Could you suggest an exercise I could begin with?" The RN could suggest which one of the following?

- A. Push-ups
- B. Jumping jacks



- C. Leg lifts
- D. Kegel exercises

Correct Answer: D

(A, B, C) This exercise is too strenuous at this time. (D) This exercise is recommended for the first few days after delivery. It helps to stimulate muscle tonus in the area of the perineum and the area around the urinary meatus and vagina.

#### QUESTION 4

The mother of a 7-year-old mental health center client reports that the client has refused to attend gymnastics for the past 2 weeks. Prior to that time, the child liked going to this class and was attending 3 times a week. In talking with the client, the nurse would:

- A. Ask her why she doesn't like gymnastics anymore
- B. Ask her to describe how things were at gymnastics before she started refusing to go
- C. Tell her that it is OK to be afraid of this activity
- D. Reassure her that things will get better once she begins the classes again

Correct Answer: B

(A) The child has not said that she dislikes gymnastics. (B) The nurse will be able to obtain information on what events occurred at gymnastics prior to her refusal to attend. The nurse will also gain information about the child's perception of the problem. (C) The child has not said she is afraid to go to gymnastics. (D) False reassurance is inappropriate.

#### QUESTION 5

A female client has experienced varying degrees of depression throughout her life. Now that she is postmenopausal, her depression has increased. She is unable to motivate herself to clean her house or even to get out of bed and get dressed in the morning. The client was begun on fluoxetine (Prozac) therapy. When educating her about fluoxetine, what might the nurse caution her about?

- A. A daily dose of fluoxetine may be taken in the morning or evening.
- B. Fluoxetine is not sedating; therefore, restrictions on driving and other hazardous activities are not necessary.
- C. Rashes or pruritus usually occur early in the therapy and are treatable without discontinuing the medication.
- D. It is safe to take over-the-counter or other prescription medications with fluoxetine.

Correct Answer: C

(A) A daily dose of fluoxetine should be taken in the morning. Afternoon doses may cause nervousness and insomnia. (B) Although fluoxetine is less sedating than other antidepressants, it may still cause dizziness or drowsiness in some clients. The nurse should caution clients to avoid driving or hazardous activities until the central nervous system effects of the drug are demonstrated. (C) Rashes or pruritus do commonly occur early in therapy and respond to antihistamines or topical corticosteroids. (D) Advise the client not to take over-the-counter or other prescription drugs without consulting with the physician. Fluoxetine does interact with other common drugs such as monoamine oxidase inhibitors, diazepam,



insulin, oral antidiabetic agents, tricyclic antidepressants, and tryptophan.

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