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QUESTION 1

The nurse is caring for a postpartum woman who has relinquished her baby for adoption.

The care plan for the client should include which of the following priority strategies?

- A. Make a referral for grief counseling.
- B. Allow the woman to see her baby initially, and then discourage further visits.
- C. Provide opportunities for the woman to express her feelings.
- D. Inform the woman she has the right to change her mind about relinquishment.

Correct Answer: C

Most women who relinquish their infants at birth have come to that decision with a great deal of love and pain. They have made plans in advance. The nurse needs to first provide them with opportunities to express their feelings that might include grief, loneliness, and guilt. A referral for grief counseling might be appropriate if no other support system exists or the mother indicates that she wants assistance working through her grief. If the nurse assesses that the grief process is abnormal, a referral is also appropriate. The mother has probably already made a decision about whether or not she wants to see her baby. The nurse should ask her and make arrangements for that to happen if the mother requests it. Seeing the baby might aid in the grief process. Until relinquishment occurs, this is the mother's baby and she should be allowed to see it as often as she wants. The mother does have the right to change her mind until final legal arrangements are made. But suggesting this option might lead her to think that the nurse believes she shouldn't relinquish her baby.

QUESTION 2

To remove hard contact lenses from an unresponsive client, the nurse should _____.

- A. gently irrigate the eye with an irrigating solution from the inner canthus outward
- B. grasp the lens with a gentle pinching motion
- C. don sterile gloves before attempting the procedure
- D. ensure that the lens is centered on the cornea before gently manipulating the lids to release the lens

Correct Answer: D

To remove hard contact lenses, the upper and lower eyelids are gently maneuvered to help loosen the lens and slide it out of the eye. The lens must be situated on the cornea, not the sclera, before removal.

An attempt to grasp a hard lens might result in a scratch on the cornea.

Clean gloves are an option if drainage is present.

QUESTION 3



The nurse is caring for a client who is dying.

While assessing the client for signs of impending death, the nurse observes the client for _____.

- A. elevated blood pressure
- B. Cheyne-Stokes respiration
- C. elevated pulse rate
- D. decreased temperature

Correct Answer: B

Cheyne-Stokes respirations are rhythmic waxing and waning of respirations from very deep breathing to very shallow breathing with periods of temporary apnea, often associated with cardiac failure.

This can be a sign of impending death.

QUESTION 4

Which skin disorder most closely resembles and mimics dandruff?

- A. Lice infestation
- B. Scabies
- C. Dermatitis
- D. Acne vulgaris

Correct Answer: A

Lice infestation with nits most closely resembles and mimics dandruff.

Other signs and symptoms of lice infestation include itching and small, red bumps on the scalp, shoulders and/or neck.

Scabies is characterized with itchiness and thin, irregular mite burrow tracks that appear like tiny blisters or bumps on the skin.

Dermatitis is evidenced with an itchy rash on swollen, reddened skin.

Acne vulgaris appears as blackheads and/or whiteheads, papules, pustules, nodules, and/or cysts.

QUESTION 5

The LPN is performing an assessment on a 4-day-old 8-pound, 6-ounce newborn with a head circumference of 33 cm.

Given this information, what would the nurse expect the child's chest circumference to be?



A. about 29 cm

B. about 36 cm

C. about 33 cm

D. about 31 cm

Correct Answer: D

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