



# NCE<sup>Q&As</sup>

National Counselor Examination

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### QUESTION 1

How many stages are there of moral reasoning, according to Kohlberg?

- A. Two
- B. Six
- C. Eight, paralleling Erikson's stages of psycho-social development
- D. None; Kohlberg's theory is on self-actualization

Correct Answer: B

Kohlberg's stages have three levels (pre-conventional, conventional and post-conventional) and six stages: 1. obedience and punishment orientation 2. individualism and exchange 3. good interpersonal relationships 4. maintaining the social order 5. social contract and individual rights 6. universal principles.

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### QUESTION 2

What will the standard error of measurement tell you about a test?

- A. If the test is valid.
- B. If two sets of results are due to chance.
- C. If the test has a normal curve.
- D. If the test is norm-referenced.

Correct Answer: B

Standard error of measurement estimates how an individual's scores would fall if given the same assessment over a period of time. Validity is one of the most important criteria for determining the quality of a test and refers to if the test is measuring what it claims to measure.

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### QUESTION 3

Which of the following kinds of therapy seeks to help clients find their answers to questions such as: Why am I here? Is this all there is? Why do people suffer?

- A. Cognitive Behavioral
- B. Holistic Health
- C. Existential
- D. Client Centered

Correct Answer: C



Existential therapy centers on the client, rather than the symptom, in its focus on free will, self-determination, and the search for meaning. It is not client-centered therapy because in this approach, therapists allow the clients to steer the conversation in an effort to get them to better understand themselves and others. Cognitive behavioral therapy tries to treat problems and boost happiness by modifying emotions, behaviors, and thoughts. Holistic health therapy focuses on integrating the body, mind, spirit, and emotions.

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**QUESTION 4**

In the United States, each socioeconomic group represents a different culture because they share:

- A. similar tastes in the arts
- B. educational levels
- C. interest in religion
- D. similar ideas, behaviors, and values

Correct Answer: D

Typically, members of each socioeconomic group share similar ideas, behaviors, and values which fits the definition of culture.

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**QUESTION 5**

If a counselor's role changes from a nonforensic evaluative role to a therapeutic role, the client must be informed of the change as a matter of \_\_\_\_\_.

- A. confidentiality
- B. treatment
- C. informed consent
- D. assessment

Correct Answer: C

Informed consent is a process of getting permission before conducting a healthcare intervention on a person. Informed consent needs to occur before treatment.

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