



NCE^{Q&As}

National Counselor Examination

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QUESTION 1

You have just launched a successful therapy group, and want to promote it to engage new clients so they, too, can benefit. You have asked your current therapy clients to offer an anonymous testimonial, telling others how useful it has been.

From an ethical standpoint, this is _____.

- A. prohibited under any circumstances
- B. allowed since it is a successful group that would benefit future clients that may join
- C. allowed, only if they sign a voluntary testimonial release
- D. prohibited unless they sign a voluntary testimonial release, use a pseudo-name and do not provide a photo

Correct Answer: A

The ACA Code of Ethics outlines that testimonials from clients, former clients or any other person vulnerable to undue influence is prohibited.

QUESTION 2

Which of the following interventions is not commonly used in Interpersonal Therapy (IPT)?

- A. Discussion of patterns in a client's relationships
- B. A detailed past history of the client
- C. Exploration of the therapist/client relationship
- D. The ABC Model

Correct Answer: D

Interpersonal Therapy is a short term, solution focused treatment mainly for clients who have depression. The ABC Model is a cognitive behavioral therapy technique developed by Albert Ellis to use when clients hold irrational beliefs.

QUESTION 3

Using deductive reasoning to gain knowledge has been called:

- A. Qualitative research
- B. Quantitative research
- C. Syllogism
- D. Cross section research



Correct Answer: C

Knowledge can be gained about a particular relationship by following downward from general to specific. For instance: In general, people with depression are sad. Sally is sad. Sally has depression.

QUESTION 4

An advantage of having coleaders for a group is:

- A. If one leader is unable to be there for the meeting, it does not have to be canceled.
- B. The leaders can process their own feelings with each other in between sessions.
- C. The leaders can be more observant of group dynamics.
- D. All of the above

Correct Answer: D

As long as the coleaders get along and adhere to a similar theoretical approach and vision for the group, having coleaders can provide multiple benefits for group members.

QUESTION 5

One of your clients who is a minor comes into your office with visible bruising and you suspect abuse. You should:

- A. Call the child abuse hotline to report the incident.
- B. Tell his parents to stop abusing him.
- C. Try to prove it.
- D. Ask lots of questions to lead your client to confide the abuse to you.

Correct Answer: A

It is very important for counselors to follow through with reporting abuse, especially since they are mandated reporters. This is one of the instances when breaking confidentiality is warranted. It is not the counselor's job to get more information from the client in order to try to prove abuse occurred. If a counselor has the suspicion that abuse occurred, they need to report. In some instances, counselors do choose to let the parent know a report had to be made, but that is not required.

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