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QUESTION 1

Which theorist believed in the zone of proximal development (ZPD)?

- A. Piaget
- B. Kohlberg
- C. Vygotsky
- D. Erickson

Correct Answer: C

Vygotsky believed the potential for cognitive development depended upon the ZPD, which was a level of development attained when children engage in social interactions. When the social interaction is guided by an adult or collaborated with peers, the ZPD exceeds what one could achieve individually. Kohlberg is known for his work with moral development; Piaget is known for his theory of cognitive development in children; and Erickson for his eight stages of psychosocial development.

QUESTION 2

What is one of the most important hallmarks of the Formal Operations stage of cognitive development?

- A. The ability to make rational judgments without concrete objects
- B. The ability to reason deductively
- C. The ability to plan for the future
- D. All of the above

Correct Answer: D

The Formal Operational stage is the last of Piaget's stages, beginning in early adolescence and lasting until adulthood, and is characterized by abstract concepts.

QUESTION 3

If a counselor's role changes from a nonforensic evaluative role to a therapeutic role, the client must be informed of the change as a matter of _____.

- A. confidentiality
- B. treatment
- C. informed consent
- D. assessment

Correct Answer: C



Informed consent is a process of getting permission before conducting a healthcare intervention on a person. Informed consent needs to occur before treatment.

QUESTION 4

When you see the letter P in relation to a test of significance, it means:

- A. Probability
- B. Possibility
- C. Positive
- D. Psychoanalysis

Correct Answer: A

Most researchers use a P value of .05 as a cutoff for significance. If it is less than .05, the null hypothesis is rejected and it is concluded significance does not exist.

QUESTION 5

Jerry hears a fellow group member say, "I am really struggling with this divorce. I can't see my way to the other side sometimes. It seems like I'll never feel better." Jerry just experienced a relationship break-up himself, which spun him into a depression. Though the group member's situation is unfortunate, Jerry feels a little better hearing about it. Jerry is experiencing which curative factor of group therapy?

- A. Imitative behavior
- B. Imparting information
- C. Instillation of hope
- D. Universality

Correct Answer: D

Jerry is experiencing universality, when a member feels relief that they are not alone and that others share similar problems. He is not adapting another member's coping strategy, so it is not imitative behavior. Instillation of hope creates a feeling of optimism, which is not mentioned.