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QUESTION 1

Jerry hears a fellow group member say, "I am really struggling with this divorce. I can't see my way to the other side sometimes. It seems like I'll never feel better." Jerry just experienced a relationship break-up himself, which spun him into a depression. Though the group member's situation is unfortunate, Jerry feels a little better hearing about it. Jerry is experiencing which curative factor of group therapy?

- A. Imitative behavior
- B. Imparting information
- C. Instillation of hope
- D. Universality

Correct Answer: D

Jerry is experiencing universality, when a member feels relief that they are not alone and that others share similar problems. He is not adapting another member's coping strategy, so it is not imitative behavior. Instillation of hope creates a feeling of optimism, which is not mentioned.

QUESTION 2

Using deductive reasoning to gain knowledge has been called:

- A. Qualitative research
- B. Quantitative research
- C. Syllogism
- D. Cross section research

Correct Answer: C

Knowledge can be gained about a particular relationship by following downward from general to specific. For instance: In general, people with depression are sad. Sally is sad. Sally has depression.

QUESTION 3

A client is 35. She is married, has two kids and is working on a big promotion at work. She is focused entirely on her family and career. Which of Erickson's Stages of Psychosocial Development is she in?

- A. Intimacy vs. Isolation
- B. Generativity vs. Stagnation
- C. Integrity vs. Despair
- D. Industry vs. Inferiority



Correct Answer: B

In the Generativity vs. Stagnation stage, people are focused on contributing to the next generation (the client produced 2 offspring) and to society (the client's meaningful career). Industry vs. Inferiority occurs during the elementary school years and Integrity vs. Despair during late adulthood. It is not Intimacy vs. Isolation because she has gone beyond sharing her life with one other person.

QUESTION 4

Jeremy, during intake, told you that he really enjoys his job as a watch repair man. His strong Interest Inventory would probably indicate a high score in which of the following?

- A. Investigative
- B. Conventional
- C. Realistic
- D. Social

Correct Answer: C

Those who score high in the realistic category enjoy working with machines. They are doers. Those who have high scores for investigative are thinkers, conventional are organizers, and social are helpers.

QUESTION 5

How many stages are there of moral reasoning, according to Kohlberg?

- A. Two
- B. Six
- C. Eight, paralleling Erikson's stages of psycho-social development
- D. None; Kohlberg's theory is on self-actualization

Correct Answer: B

Kohlberg's stages have three levels (pre-conventional, conventional and post-conventional) and six stages: 1. obedience and punishment orientation 2. individualism and exchange 3. good interpersonal relationships 4. maintaining the social order 5. social contract and individual rights 6. universal principles.

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