



# MCQS<sup>Q&As</sup>

Multiple-choice questions for general practitioner (GP) Doctor

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### QUESTION 1

A 36-year-old woman presents with pains in both hands for the last few months and stiffness that improves as the day goes on. Multiple joints are swollen on exam. X-rays of the hands show some erosion.

What is the single most accurate test?

- A. ANA
- B. Rheumatoid factor
- C. Sedimentation rate
- D. Anti-cyclic citrullinated peptide (anti-CCP)

Correct Answer: D

Rheumatoid factor (RF) is present in only 75% of patients with rheumatoid arthritis (RA). It can also be present in a number of other diseases; hence, the RF is rather nonspecific. Anti-cyclic citrullinated peptide (anti-CCP) is the single most accurate test for RA. It is > 95 percent specific for RA, and it appears earlier in the course of the disease than the RF. There is nothing specific on joint aspiration to determine a diagnosis of RA.

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### QUESTION 2

A 26-year-old political refugee has sought asylum in the UK and complains of poor concentration. He keeps his family whom he saw killed in a political coup. He is unable to sleep and feels hopeless about his survival. But he is afraid to go out.

What is the most likely diagnosis?

- A. PTSD
- B. Acute stress disorder
- C. OCD
- D. Social phobia
- E. GAD

Correct Answer: A

PTSD. Keep getting thoughts of his family disaster, insomnia, to avoid similar circumstances he is out these are suggestive of PTSD.

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### QUESTION 3

Patient works in a dusty environment had red eyes itching no trauma no mucopurulent discharge. What to give to relieve his symptoms?

- A. Tobramycin eye drop



- B. Acyclovir eye drop
- C. Olopatadine eye drop
- D. Trifluridine eye drop

Correct Answer: C

Olopatadine hydrochloride is an antihistamine (as well as anticholinergic and mast cell stabilizer), sold as a prescription eye drop (0.2% solution, Pataday (or Patanol S in some countries), manufactured by Alcon). It is used to treat itching associated with allergic conjunctivitis (eye allergies). Olopatadine hydrochloride 0.1% is sold as Patanol (or Opatanol in some countries). A decongestant nasal spray formulation is sold as Patanase, which was approved by the FDA on April 15, 2008. It is also available as an oral tablet in Japan under the tradename Allelock, manufactured by Kyowa Hakko Kogyo. It should not be used to treat irritation caused by contact lenses. The usual dose for Patanol is 1 drop in each affected eye 2 times per day, with 6 to 8 hours between doses. There is potential for Olopatadine as a treatment modality for steroid rebound (red skin syndrome.)

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#### QUESTION 4

An infant boy is born at 39 weeks gestation by way of spontaneous vaginal delivery to a healthy, 32-year-old primigravid woman. Prenatal care was appropriate and there were no problems at the time of delivery. Physical examination by the staff pediatrician is normal, with the exception of the genital examination. She observes that the urethral meatus is located on the ventral aspect of the penile shaft.

Which of the following is the most correct statement about this condition?

- A. The infant may have a circumcision now
- B. Voiding cystourethrogram should be ordered
- C. A-Circumcision should be delayed
- D. The infant may never have a circumcision

Correct Answer: C

This infant has hypospadias. This condition occurs when there is incomplete invagination of ectoderm that is located at the glans penis where the normally located urethral meatus should be. When this occurs, the urethral opening is located on the ventral side of the penis, somewhere between the tip and the base of the shaft. Circumcision should never be performed directly after an infant is born with this condition (choice B). Rather, it should be delayed until approximately 6 months of age when the infant can better tolerate anesthesia. The reason to delay circumcision is because the prepuce will be needed for the plastic reconstruction that will need to be done. At the time of reconstruction, the infant will also undergo a circumcision (choice C). These patients do not have an increased risk for urinary tract infections. Therefore, a urine culture is not necessary (choice D). A voiding cystourethrogram (VCUG) allows for evaluation of the bladder, urinary reflux, and the presence or absence of posterior urethral valves. None of these conditions are associated with hypospadias

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#### QUESTION 5

A new screening test has been devised to detect early stages of prostate cancer. However, the test tends to detect people with no cancer, although they do have cancer as diagnosed by other standard tests.

What is this flaw?

- A. True -ve



B. False +ve

C. Poor specificity

D. True +ve

E. False -ve

Correct Answer: E

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