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QUESTION 1

Which of the following is a violation of client confidentiality?

- A. Asking a client about their home office
- B. Speaking with a client's doctor about their prescription
- C. Maintaining records in a safe location outside of the office
- D. Approaching a client in a public setting

Correct Answer: D

Explanation: Although it may seem cold and unfriendly, it is up to the client to approach the massage therapist if they wish in a public setting.

QUESTION 2

Which muscle is flexed during forced exhalation?

- A. Abdominals
- B. Rectus femoris
- C. Diaphragm
- D. Iliopsoas

Correct Answer: A

Explanation: During a forced exhalation, the abdominal muscles are engaged to assist the expulsion of air from the lungs.

QUESTION 3

Which of the following valves is between the stomach and the small intestine?

- A. Pyloric
- B. Mitral
- C. Ileocecal
- D. Eustachian

Correct Answer: A

Explanation: The valve between the stomach and the small intestine is the pyloric valve also known as the pylorus or pyloric sphincter.



QUESTION 4

There are moments when a massage therapist needs to disclose personal information about themselves to clients. Which of the following is considered an appropriate disclosure?

- A. Relationship difficulties
- B. Sharing information about a mutual friend
- C. Coming down with a cold
- D. Business concerns and financial woes

Correct Answer: C

Explanation: Coming down with a cold directly affects the client within the therapeutic environment. The other three choices are irrelevant to a client.

QUESTION 5

Which of the following is the only neurotransmitter used by the motor division of the somatic nervous system?

- A. Acetylcholi
- B. Dopamine
- C. Serotonin
- D. Glutamate

Correct Answer: A

Explanation: Acetylcholine is distinguished from other neurotransmitters due to its ability to transmit signals at the neuromuscular junction between the nervous system and the muscular system.

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