



# MBLEX<sup>Q&As</sup>

Massage & Bodywork Licensing Examination

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### QUESTION 1

A therapist may legally engage in sexual relations with a client if they:

- A. Obtain written permission from a lawyer
- B. Officially end the client/therapist relationship within a week before intercourse occurs
- C. Maintained a sexual relationship prior to developing a client/therapist relationship
- D. A therapist should never engage a client in intercourse

Correct Answer: C

Explanation: There are laws, rules and regulations against developing a sexual relationship with a client. If a sexual relationship existed prior to the client/therapist relationship, then continued sexual interaction is allowable. A typically safe amount of time to wait is 6 months after the client/therapist relationship has been dissolved (documented and signed by both parties) before pursuing a romantic interaction. However, the best path to preserving your career and avoiding a possible investigation is to never engage a client or previous client in any relations outside of a therapeutic environment.

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### QUESTION 2

Where would you locate the annular ligament?

- A. Knee
- B. Ankle
- C. Wrist
- D. Elbow

Correct Answer: D

Explanation: The annular ligament stabilizes the proximal radius against the ulna during pronation and supination of the wrist. The ligament is located deep to the supinator and origin of the extensor muscles of the forearm near the head and proximal shaft of the radius at the elbow.

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### QUESTION 3

Choose the correct definition of the anatomical term "linea".

- A. A passage or canal
- B. A line or long ridge
- C. A hole or opening
- D. A meeting point of two or more bones



Correct Answer: B

Explanation: The anatomical term “linea” refers to a line or long ridge, such as the attachment site of the hamstrings along the linea aspera on the posterior aspect of the femur.

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#### QUESTION 4

A client who often jokes about going out on a date is \_\_\_\_\_.

- A. breaking confidentiality
- B. testing boundaries
- C. exploring the therapeutic relationship
- D. just being kind

Correct Answer: B

Explanation: Any client who routinely requests to explore beyond the professional environment is testing the boundaries and professionalism of the therapist. Remember, the therapist is always at fault for allowing a breach of professional boundaries. The repercussions can lead to a hefty fine and/or loss of a massage license.

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#### QUESTION 5

Which part of a cell is responsible for breaking down glucose molecules to release energy?

- A. Ribosomes
- B. Centrioles
- C. Nucleus
- D. Mitochondria

Correct Answer: D

Explanation: The mitochondria within a cell handles the task of breaking down glucose molecules to release energy.

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