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QUESTION 1

Where are the adrenal glands located?

- A. Brain cavity of skull
- B. Along the anterolateral portion of the neck
- C. Superior to the kidneys
- D. Throughout the body along circulatory tissues

Correct Answer: C

Explanation: The adrenal glands, known for releasing “fight or flight” hormones in response to stressors, are located superiorly to the kidneys.

QUESTION 2

S.O.A.P.

is the acronym for detailing our interaction with a client throughout the treatment. Which of the following choices best describes the function of S?

- A.
Homework
- B.
Evaluation
- C.
Summary of findings
- D.
Client experience

Correct Answer: D

Explanation: The S is for subjective, which is a description of the client's experience.

QUESTION 3

The prefix nephro- refers to:

- A. Nerve
- B. Infant



C. Kidney

D. Brain

Correct Answer: C

Explanation: Nephro and nephr both refer to the kidneys. An example is nephritis, which is an inflammation of the kidneys.

QUESTION 4

The suffix -crine refers to:

A. Secretions

B. Inflammation

C. Digestion

D. Enzymes

Correct Answer: A

Explanation: The suffix -crine refers to secretions. Endocrine gland is an example of the suffix -crine, which means an internal gland that secretes.

QUESTION 5

A 27 year old male client enters a massage therapy office for a treatment holding his right hand along the pinky and ring finger. He complains of numbness and weakness in the two affected digits. He states the condition has been progressing over the last few weeks. He works in IT for a database company and works normal hours and is not very stressed at work. He is a daily commuter cyclist and also enjoys playing disc golf. What is the most likely cause of this condition?

A. His work in IT

B. Cycling

C. Disc golf

D. None of the above

Correct Answer: B

Explanation: The posture for bicycling requires the rider to rest on the palms while steering. Guyon's canal syndrome is also known as handlebar palsy.