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QUESTION 1

How many lobes are in each hemisphere of the cerebral cortex?

- A. 2
- B. 3
- C. 4
- D. 5

Correct Answer: C

Explanation: The cerebral cortex is divided into two halves or hemispheres. Each hemisphere consists of four lobes: the frontal lobe, parietal lobe, occipital lobe and temporal lobe. The lobes relate not to brain function but rather to the bones that underlie the cerebral cortex. The borders of these lobes are dictated by sutures in the skull with the exception between the frontal and parietal lobes which follow a deep fold in the brain called the central sulcus and this is just behind the frontal and parietal sutures.

QUESTION 2

Which of the following best describes a reflex arc?

- A. Emotional response
- B. Massage technique
- C. Neural pathway
- D. Gait assessment

Correct Answer: C

Explanation: A reflex arc is a neural pathway that allows for the activation of spinal motor neurons to trigger without involving the brain for a response.

QUESTION 3

On which bone would you locate the infraglenoid tubercle?

- A. Clavicle
- B. Pelvic
- C. Calcaneus
- D. Scapula

Correct Answer: D



Explanation: The infraglenoid tubercle is the attachment site of the long head of the triceps brachii and is located at the most superior aspect of the lateral border of the scapula.

QUESTION 4

Which of the following actions would you initially direct to your client to take in order to test the structure and function of scapulohumeral rhythm?

- A. Adduction
- B. Abduction
- C. Internal rotation
- D. External rotation

Correct Answer: B

Explanation: Scapulohumeral rhythm exposes the function of the glenohumeral joint by testing at which degree the scapula activates during an initial abduction of the arm. At 45 degrees, the scapula should engage until the end range motion of abduction.

QUESTION 5

It's very cold outside and Bill gets into the spa, turning it up to its maximum temperature (106°F). After several minutes in the water, he faints and would have drowned if a passerby had not saved him. Which best explains what happened?

- A. His body could not tolerate the shock going from cold to hot.
- B. He suffered a heart attack due to the excess heat.
- C. He fainted from a lack of oxygenated blood to his brain.
- D. He received second-degree burns and went into shock.

Correct Answer: C

Explanation: When the body is exposed to prolonged heat, more blood is shunted to superficial veins in order to lower body temperature. This results in decreased venous return to the heart. The resulting lowered cardiac output causes less oxygenated blood to reach the brain, causing dizziness and fainting.