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QUESTION 1

A pathogenic barrier is also known as a _____.

- A. anatomic barrier
- B. physiologic barrier
- C. resistive barrier
- D. soft tissue barrier

Correct Answer: C

Explanation: A pathogenic barrier is also known as a resistive barrier, which is the first sign of resistance against a movement during a range of motion assessment.

QUESTION 2

The tibial nerve is a distal branch of which nerve?

- A. Sciatic
- B. Brachial plexus
- C. Sacral plexus
- D. Lumbar plexus

Correct Answer: A

Explanation: The tibial nerve is a distal branch of the sciatic nerve which passes through the popliteal fossa where it divides into the medial and lateral plantar nerves.

QUESTION 3

A crackling, grating or popping sound from joints is referred to as _____.

- A. air bubbles
- B. a soft tissue barrier
- C. crepitus
- D. a degenerative disease

Correct Answer: C

Explanation: Crepitus is a crackling, grating or popping sound from joints or other subcutaneous tissue.



QUESTION 4

Choose the correct definition of the anatomical term “condyle”.

- A. A shallow cavity or slight depression
- B. The superior region of a long bone
- C. A projection or protuberance
- D. A rounded articular process

Correct Answer: D

Explanation: The anatomical term “condyle” refers to a rounded articular process as in the medial or lateral condyles of the femur which articulate with the condyles of the tibia.

QUESTION 5

Tennis elbow affects the flexor muscles of the forearm.

- A. TRUE
- B. FALSE

Correct Answer: B

Explanation: Tennis elbow affects the extensor muscles of the forearm and is attributed to the tearing of flexor muscles during impact of a back hand swing.

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