



Massage & Bodywork Licensing Examination

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QUESTION 1

In humans, which part of the brain is located superiorly to all others?

- A. Cerebellum
- B. Diencephaion
- C. Telencephalon
- D. Pons

Correct Answer: C

Explanation: The telencephalon is also known as the cerebrum. Telencephalon refers to the embryonic structure from which the mature cerebrum develops.

QUESTION 2

- The suffix -crine refers to:
- A. Secretions
- B. Inflammation
- C. Digestion
- D. Enzymes
- Correct Answer: A

Explanation: The suffix -crine refers to secretions. Endocrine gland is an example of the suffix -crine, which means an internal gland that secretes.

QUESTION 3

A client walks into your office with a slight limp. He states he is experiencing pain in his right hip. He also claims to not know the origin of his discomfort. What is the best option to assess the relative discomfort that a client is experiencing?

- A. subjective pain scale
- B. objective pain scale
- C. passive range of motion testing
- D. active range of motion testing

Correct Answer: A

Explanation: A subjective pain scale is a useful assessment protocol to determine the relative discomfort that a client is currently experiencing. Often a scale between 1-5 or 1-10 is used with 1 being the lowest amount of discomfort and



either 5 or 10 being an unbearable and extreme pain. Most often, a therapist wants to remain under 4 or 8 respectively for an effective yet comfortable treatment.

QUESTION 4

A hematocrit is a medical test for ______.

- A. healthy liver function
- B. identifying peptic ulcers
- C. measuring blood and plasma
- D. pupil dilation
- Correct Answer: C

Explanation: A hematocrit is a medical test where blood is placed into a test tube and spun on a centrifuge to separate the whole blood into its liquid elements to help access the various components within the blood.

QUESTION 5

How	many	hones	com	nrica	tha	shoulder	airdle	>
HOW	many	Domes	COIII	prise	uie	Shoulder	girule	

A. 1

- B. 2
- C. 3
- D. 4

Correct Answer: B

Explanation: There are two bones that make the shoulder girdle - the clavicle and the scapula.

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