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QUESTION 1

What condition would you use the Adson maneuver for?

- A. Thoracic outlet syndrome
- B. Sciatica
- C. Piriformis syndrome
- D. Hip hike

Correct Answer: A

Explanation: The Adson maneuver is used to determine a thoracic outlet compression. To conduct the Adson maneuver, a massage therapist places the clients arm into horizontal abduction on the affected side to a 45 degree angle while rotating their head toward the affected side. The massage therapist then instructs the client to extend their head which tightens the scalene muscles, which should magnify any preexisting compression of the subclavian artery and brachial plexus. The massage therapist palpates for a decrease in the radial pulse while the client takes deep breathes to exaggerate the compression.

QUESTION 2

A therapist may legally engage in sexual relations with a client if they:

- A. Obtain written permission from a lawyer
- B. Officially end the client/therapist relationship within a week before intercourse occurs
- C. Maintained a sexual relationship prior to developing a client/therapist relationship
- D. A therapist should never engage a client in intercourse

Correct Answer: C

Explanation: There are laws, rules and regulations against developing a sexual relationship with a client. If a sexual relationship existed prior to the client/therapist relationship, then continued sexual interaction is allowable. A typically safe amount of time to wait is 6 months after the client/therapist relationship has been dissolved (documented and signed by both parties) before pursuing a romantic interaction. However, the best path to preserving your career and avoiding a possible investigation is to never engage a client or previous client in any relations outside of a therapeutic environment.

QUESTION 3

How many joints are part of the shoulder girdle?

- A. 1
- B. 2
- C. 3



D. 4

Correct Answer: C

Explanation: There are three joints that are part of the shoulder girdle - the sternoclavicular joint, the acromioclavicular joint and the glenohumeral joint.

QUESTION 4

Where are cubital lymph nodes located?

- A. Knees
- B. Thoracic cavity
- C. Neck
- D. Elbow

Correct Answer: D

Explanation: Cubital refers to the elbow and will indicate that region when used with anatomical terms as cubital fossa, cubital tunnel and median cubital vein.

QUESTION 5

What is the primary reason for keeping all records safe and protected?

- A. To insure you are paid from insurance
- B. To protect against being sued
- C. Client confidentiality
- D. Personal reasons

Correct Answer: C

Explanation: Client confidentiality is an aspect of professional ethics and should be adhered to out of respect for the client. Also, not protecting a client's information is a violation of HIPAA.

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