



Massage & Bodywork Licensing Examination

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QUESTION 1

What is known as the "molecular unit of currency "?

A. Actin

B. ATP

C. T cells

D. Gamma globulins

Correct Answer: B

Explanation: The "molecular unit of currency" is often used to describe the importance of ATP (adenosine triphosphate) to cellular functions within the body.

QUESTION 2

A shortened right leg is an example of an ______ factor of a postural deviation.

A. intrinsic

- B. extrinsic
- C. assessment
- D. elemental

Correct Answer: A

Explanation: During a postural assessment evaluation, it is important to note both intrinsic and extrinsic factors for postural deviations. An intrinsic factor would be an internal issue and therefore includes physical abnormalities as a shortened leg.; An improperly fitted shoe would be an example of an extrinsic factor upon the body.

QUESTION 3

The ulna rotates around the radius.

A. TRUE

B. FALSE

Correct Answer: B

Explanation: The ulna is stationary during wrist rotation.

QUESTION 4



Lateral epicondylitis affects the outside of the knee joint.

A. TRUE

B. FALSE

Correct Answer: B

Explanation: Lateral epicondylitis is the technical term for tennis elbow.

QUESTION 5

____ are the smallest blood vessels.

- A. Arteries
- B. Venules
- C. Capillaries
- D. Arterioles
- Correct Answer: C

Explanation: Capillaries are the smallest blood vessels with endothelial linings that are only one cell thick. This allows for the transfer of water, oxygen, carbon dioxide, nutrients and waste between the blood and surrounding tissues.

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