



# MBLEX<sup>Q&As</sup>

Massage & Bodywork Licensing Examination

**Pass FSMTB MBLEX Exam with 100% Guarantee**

Free Download Real Questions & Answers **PDF** and **VCE** file from:

<https://www.passapply.com/mblex.html>

100% Passing Guarantee  
100% Money Back Assurance

Following Questions and Answers are all new published by FSMTB  
Official Exam Center

-  **Instant Download** After Purchase
-  **100% Money Back** Guarantee
-  **365 Days** Free Update
-  **800,000+** Satisfied Customers





### QUESTION 1

Applying force against an active movement by a client during an assessment is \_\_\_\_\_.

- A. active ROM
- B. active-assisted ROM
- C. passive ROM
- D. resistive ROM

Correct Answer: D

Explanation: When a therapist applies force against an active movement during an assessment, they are providing resistive ROM. This is used to test for muscle strength and weakness.

---

### QUESTION 2

During an assessment, a massage therapist instructs their client to move a part of their body without assistance. This is known as \_\_\_\_\_.

- A. active ROM
- B. active-assisted ROM
- C. passive ROM
- D. resistive ROM

Correct Answer: A

Explanation: When a client performs an unassisted movement of their body, they are displaying an active ROM. This is used to determine the client's natural range of motion.

---

### QUESTION 3

Which element is needed for muscle contraction?

- A. Calcium
- B. Nitrogen
- C. Magnesium
- D. Iron

Correct Answer: A

Explanation: Skeletal muscle contraction occurs when an action potential from the brain reaches the neuromuscular junction. It causes a calcium ion influx which starts the process of a muscle contraction.

---



#### QUESTION 4

A client calls a massage therapist to purchase a gift certificate for his wife who happens to be a regular client as well. The husband has a tendency to be chatty during his massage sessions. This occasion is no different than usual and he asks how his wife is doing with her massage therapy. Which of the following is the best response?

- A. End the conversation abruptly
- B. Suggest that the client talk to his wife directly
- C. Share some but not
- D. Go into detail about the client's wife

Correct Answer: B

Explanation: Speaking about a client to another client, a client's friend, or even the client's family member is a violation of confidentiality. However, we do not need to be rude to maintain our professionalism. Simply suggesting that your client speak to his wife is a perfectly acceptable response.

---

#### QUESTION 5

A client was involved in a recent auto accident and received a grade 4 whiplash injury. Which of the following best describes the client's status?

- A. Neck pain, stiffness and tenderness
- B. Neck pain with signs of neurological damage
- C. Neck pain with dislocation and spinal injury
- D. No neck pain

Correct Answer: C

Explanation: A grade 4 whiplash is a critical condition associated with extreme neck pain, cervical fractures and/or dislocations, possible spinal cord injury and serious soft tissue damage. Massage is contraindicated until the condition is stabilized and a medical release is provided.

[Latest MBLEX Dumps](#)

[MBLEX PDF Dumps](#)

[MBLEX Braindumps](#)