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**QUESTION 1**

Sandra is the single mother of two teenage girls. She has very few demands on her children and does not expect anything in return. Both girls refuse to help around the house, even though their mother is working two jobs. When Sandra's daughters want something, they will cry until they get it. Avoiding confrontation appears to be Sandra's main focus, and she tries to keep peace in the home. What parenting style is Sandra demonstrating?

- A. Authoritarian Parenting
- B. Permissive Parenting
- C. Authoritative Parenting
- D. Uninvolved Parenting

Correct Answer: B

Sandra is demonstrating permissive parenting, which is sometimes referred to as indulgent parenting. Children with these caretakers are rarely disciplined due to low expectations for self-control and maturity. Permissive parents are more lenient and avoid confrontation. They prefer to be a friend to their children instead of a parent.

QUESTION 2

A clinical social worker meets with a client in a quiet spot at the local library. This is a spot the client describes as supportive. Both the client and social worker enjoy reading, finding it relaxing. The social worker acts as an active listener and demonstrates sensitivity towards the client. Which of the following types of therapy is described above?

- A. Complimentary therapy
- B. Self-centered therapy
- C. Person-centered therapy
- D. Behavioral therapy

Correct Answer: C

Professionals providing person-centered therapy create a close relationship with their client. The clinical social worker seeks to increase self-understanding and insight through informal questions and to sympathize with the client's situation.

QUESTION 3

Individuals will develop poor personalities if they only receive unconditional positive regard with no conditions of worth. The need for positive regard from others and self allows there to be congruence between identity and experiences. This ideal human condition embodies the fully functioning person, one who is open to trust, expressing feelings, creating and the experience to live existentially. Who developed this theory?

- A. Carl Rogers
- B. Sigmund Freud
- C. Erik Erikson



D. Abraham Maslow

Correct Answer: A

Carl Rogers was a clinical psychologist who developed the humanistic personality theory. He believed that man's nature is fundamentally positive and trustworthy. Roger's conception of personality has been a valuable contribution to the study of free will and the importance of self.

QUESTION 4

The immediacy of crisis intervention ensures the safety of an individual and his/her family. Clinical social workers often find resistance as being a response from the victim. There are three phases professionals follow when intervening. The first involves establishing rapport with the individual through empathy, while the second includes gathering information for assessment. What is the third phase?

- A. Setting a goal to return to the pre-crisis level of functioning.
- B. Averting the crisis
- C. Determining what the crisis means
- D. Determining who will be affected by the crisis

Correct Answer: A

Clinical social workers understand the importance of helping victims recover from a crisis. It is an important domain within the healing process. Individuals want to gain stability in their lives and prevent further victimization. For crisis intervention to be successful, it should be practiced in a structured, humanistic manner.

QUESTION 5

A clinical social worker meets with the Robertson family to determine parental behavior by completing a comprehensive family assessment. Information will be collected on who lives in the home, health history, employment and stability. Which of the following possible contributing factors should the social worker consider?

- A. Social Skills
- B. Bank Account
- C. Education
- D. Sibling Status

Correct Answer: C

When completing a comprehensive family assessment, the clinical social worker should consider possible contributing factors, including domestic violence, alcohol/drug usage, educational background, and employment status. All of these concerns are addressed to ensure the permanency and safety of the children. A clinical social worker cannot determine a working service plan without this information.