

# LCSW<sup>Q&As</sup>

ASWB Clinical Level Social Work Licensing Exam

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#### **QUESTION 1**

Bethany seeks the help of a clinical social worker and is soon diagnosed with schizophrenia. The client wants to know how she developed this psychiatric disorder and what she can do to alleviate the symptoms. The social worker brings in some of Bethany\\' s family members to get background information. It is soon discovered that prior studies done on schizophrenia were correct in their findings. A high degree of influence relies on what?

- A. Environment
- B. Physical health
- C. Heredity
- D. Alcoholism

Correct Answer: C

Schizophrenia is one of the most highly studied psychiatric illnesses by scientists. The genetic influence or heredity, accounts for 80% of all diagnosed cases. Environ mental influence has not been found relevant and there is no difference in gender.

#### **QUESTION 2**

Cognitive behavior therapy is the ideal treatment for many mental health problems. It was developed by combining behavior therapy and cognitive therapy. Both practices are utilized for identifying present issues and finding ways to eliminate symptoms of certain disorders. Another similar intervention which takes feelings into account as well is called

- A. Reality Therapy
- B. Cognitive Emotion Focused Therapy
- C. Anchor-based Behavioral Therapy
- D. Rational Emotive Behavior Therapy

Correct Answer: D

Rational Emotive Behavior Therapy (REBT), developed by Albert Ellis, focuses on the thought-feelingaction triad. It addresses irrational thoughts/behaviors by connecting them to thinking errors.

#### **QUESTION 3**

Clinical social workers providing treatment to indMduals have the responsibility to allow full participation of the client when determining goals. Expected outcomes and the treatment of termination should be clearly specified and understood by both parties. What is the best way to develop this mutual understanding?

- A. Therapeutic observation
- B. Treatment contracts
- C. Court order



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D. Task-centered education

Correct Answer: B

Treatment contracts help define interventions, length of treatment, goals established and the method of termination. If changes occur along the way, both client and social worker will reestablish the contract. Services that may reach beyond the agreement should be specified.

#### **QUESTION 4**

Learning disabilities among children affect areas in language, reading, writing and math. These indMduals struggle with paying attention and improving motivation on their own. Often if the problem is detected early, skills at overcoming the disability can be achieved. Learning disabilities are not caused by what factor?

- A. Biology
- B. Intelligence
- C. Environmental influences
- D. None ofthe above

Correct Answer: B

Intelligence is not a problem with learning disabilities. The trouble lies within the processing of sensory information. Children and adults with this disorder tend to hear, see and understand things differently than others.

#### **QUESTION 5**

The Diagnostic and Statistical Manual of Nlental Disorders Text-revised, 5th Edition (DSM-5) is utilized by professionals to diagnose psychiatric disorders. Unlike previous versions of the DSM, it does not use a multi- axis model for diagnosis. Which DSM-IV-TR axis had its criteria modified and included in the DSM-5, but not in thelist of disorders?

- A. Axis I
- B. Axis III
- C. Axis IV
- D. Axis V

Correct Answer: C

The criteria of Axis IV were modified and included in the DSM-5 as psychosocial and other contextual issues with significant bearing on the well-being of the patient. Axes I and III were folded in with Axis II in thelist of disorders. Axis V was dropped completely.

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