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QUESTION 1

Social equality does not make reference to income or economics. It focuses on the social aspect of equal rights. Opportunities for individuals should not be reduced due to income, language, disability, gender, origin or age. Many argue this cannot occur due to what?

- A. Economics, foreign policies and immigration
- B. Discrimination and racism
- C. Lack of enforced boundaries
- D. Diverse culture origins

Correct Answer: A

Social equality is defined as people within a specific society or isolated group having the same status. Many feel this will never occur due to economics, foreign policies and immigration. Social equality includes security, access to health care, freedom of speech and property rights.

QUESTION 2

A clinical social worker is providing services to a woman diagnosed with bipolar disorder. She experiences frequent manic episodes that include motor hyperactivity, elation, poor judgment, pressured speech and hostility. To try and bring about normalization of symptoms, what is the best choice for medication?

- A. Effexor
- B. Citalopram
- C. Adderall
- D. Lithium

Correct Answer: D

Lithium is used as an anti-mania medication for individuals suffering from Affective Disorder, Bipolar, and Mania. Studies have demonstrated that lithium alters sodium transport in muscle and nerve cells. Patients given this medication will feel relief of symptoms and demonstrate normalcy within 1 to 3 weeks. A drug more commonly prescribed is Depakote, due to the need for ongoing blood level tests with Lithium. Antidepressants can trigger mania and do not work very well.

QUESTION 3

Documentation is a necessity in the field of clinical social work. Often it is a reflection of the service quality to clients and acts as a communication source for other professionals. Record keeping often consists of comprehensive assessments and a plan of care. Which of the following should documentation include?

- A. Goals and planning
- B. Referral sources



- C. Receipts and disbursements
- D. All of the above

Correct Answer: D

Clinical social work documentation includes a vast amount of information. It starts with the first assessment and ends with the closure of a client's case. Knowledge found within the record keeping will include: ongoing interventions and treatment planning, collaborations, outcomes, confidentiality rights, and signed releases. It is pertinent to always document dates, times and descriptions of client contact.

QUESTION 4

Dependent personality disorder is often defined as the need to be taken care of by others. Individuals with this problem have low levels of confidence in their own intelligence and abilities. How is dependent personality disorder different from avoidant personality disorder?

- A. Dependent personalities are oversensitive to criticism.
- B. Avoidant personalities fear rejection and will withdraw.
- C. Dependent personalities are passive and nonassertive.
- D. Avoidant personalities are easily influenced and taken advantage of.

Correct Answer: B

Both disorders are characterized by a frequent need for assurance, feelings of inadequacy and oversensitivity. Individuals with avoidant personality disorder have such a fear of rejection that they will withdraw until acceptance is certain. Dependent personalities will seek out contact with others until they get approval.

QUESTION 5

Alex is having lunch with other social work colleagues when one of them says he is late for an assessment. Without much thought, he states the client lives in a poor neighborhood and probably can't

even tell time.

What problem should be addressed?

- A. Discrimination
- B. Misrepresentation
- C. Stereotyping
- D. None of the above

Correct Answer: C

Stereotyping is a preconceived notion pertaining to a group of individuals. In the situation with Alex, a fellow colleague appears to believe all poverty-level people are lacking in intelligence. This is a category the clinical social worker has organized in his thinking to save time when predicting a social environment.



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