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QUESTION 1

Nathan is 21 years old and has confided in her clinical social worker about serious behaviors that concern him. He self-reports having hallucinations, paranoia, and disorganized speech. To avoid many of these problems, Nathan has learned to isolate himself from social situations. Additionally, the biopsychosocial history shows a prevalence of mental illness in the family. Since the disorder is mainly affecting cognition, what should the social worker attempt to treat?

- A. Schizophrenia
- B. Dissociative disorder
- C. Bipolar
- D. Alter-ego

Correct Answer: A

Schizophrenia has a typical onset in early adulthood, with cases rarely developing beyond the age of 45. According to the National Institute of Mental Health schizophrenia is a chronic, severe, and disabling brain disorder diagnosed in about 1 percent of the population. People with the disorder may hear voices other people don't hear. They may believe other people are reading their minds, controlling their thoughts, or plotting to harm them. This can terrify people with the illness and make them withdrawn or extremely agitated. People with schizophrenia may not make sense when they talk. They may sit for hours without moving or talking. Sometimes people with schizophrenia seem perfectly fine until they talk about what they are really thinking.

QUESTION 2

Phillip is a 24-year-old male who has been in prison on four different occasions. His criminal record includes domestic assault on a girlfriend, stealing a car, setting fire to an abandoned warehouse and drug use. Phillip's acts were not premeditated, and he claims to have little control over his actions. What disorder might a clinical social worker set out to treat?

- A. Anger management
- B. Destructive personality disorder
- C. Impulse control disorder
- D. Lack of self-esteem

Correct Answer: C

Phillip suffers from impulse control disorder. This problem is defined as a failure to resist spontaneous acts or behaviors that may be detrimental to self or others. The actions are not considered in advance and may include gambling, violence, sexual misconduct, stealing and self-abusive behavior.

QUESTION 3

Miranda is a clinical social worker completing a family assessment. As she acquires more information from the parents



on a six-year-old son and his behaviors, it becomes obvious that further evaluation will be required. The child's teacher has contacted the parents with complaints about his conduct at school. He does not appear to be able to focus on specific tasks and becomes bored after a few minutes, failing to complete any assignments. Running around the classroom during quiet time is becoming a daily habit, and the child forgets where he puts things. What kind of assessment will the social worker refer for this child?

- A. Learning disability
- B. Oppositional defiance disorder
- C. Conduct disorder
- D. Attention deficit hyperactivity disorder

Correct Answer: D

Attention deficit hyperactivity disorder or ADHD cannot be diagnosed unless it has negatively affected at least two areas of the child's life - for example home life, classroom, community or playground interactions

-for at least six months. ADHD usually appears in children under the age of seven.

QUESTION 4

Clinical social workers often find themselves in dual relationships. The management of transference and counter transference cannot be ignored. Within the realm of child welfare, administrators play a vital role in what areas?

- A. Modeling, coaching and engaging
- B. Knowledge and training
- C. Education and management
- D. All of the above

Correct Answer: A

Dual relationships occur when clients and clinical social workers relate in more than one manner. Administrators have the job of modeling, coaching and engaging within professional discussions. They should assure proper boundaries are being achieved within the practice of professional standards.

QUESTION 5

Many clinical social workers utilize a therapy-not to be confused with classical conditioning-that deals with modifications of voluntary behaviors caused by environmental influences. This kind of therapy includes four basic consequences: positive reinforcement, negative reinforcement, positive punishment and negative punishment. Which of the following therapies is described above?

- A. Focused Change
- B. Solution Focused Therapy
- C. Behavior Modification



D. None of the above

Correct Answer: C

Behavior modification looks at the antecedent and consequences that cause negative behaviors. Reinforcement and punishment are the main tools of this therapy.

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