



AHM-540^{Q&As}

Medical Management

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QUESTION 1

CMS has developed two prototype programs--Programs of All-inclusive Care for the Elderly (PACE) and the Social Health Maintenance Organization (SHMO) demonstration project--to deliver healthcare services to Medicare beneficiaries. From the answer choices below, select the response that correctly identifies the features of these programs.

- A. PACE-annual limits on benefits for nursing home and community-based care SHMO-no limits on longterm care benefits
- B. PACE-provide long-term care only SHMO-provide acute and long-term care
- C. PACE-enrollees must be age 65 or older SHMO-enrollees must be age 55 or older
- D. PACE-enrollment open to nursing home certifiable Medicare beneficiaries only SHMO- enrollment open to all Medicare beneficiaries

Correct Answer: D

QUESTION 2

Helena Ray, a member of the Harbrace Health Plan, suffers from migraine headaches. To treat Ms. Ray's condition, her physician has prescribed Upzil, a medication that has Food and Drug Administration (FDA) approval only for the treatment of depression. Upzil has not been tested for safety or effectiveness in the treatment of migraine headache. Although Harbrace's medical policy for migraine headache does not include coverage of Upzil, Harbrace has agreed to provide extra-contractual coverage of Upzil for Ms. Ray.

The following statement(s) can correctly be made about Harbrace's use of extra- contractual coverage:

- 1.Harbrace's medical policy most likely establishes the procedure that Harbrace used to evaluate the value of Upzil for treating Ms. Ray
- 2.One way for Harbrace to reduce the risk associated with extra-contractual coverage is by including an alternative care provision in its contracts with purchasers

- A. Both 1 and 2
- B. 1 only
- C. 2 only
- D. Neither 1 nor 2

Correct Answer: C

QUESTION 3

The nature of behavioral healthcare creates unique medical management challenges for health plans. One method health plans have used to support the delivery of appropriate services in a cost-effective manner is to

- A. remove behavioral healthcare services from the primary care setting



- B. shift behavioral healthcare from acute inpatient settings to alternative settings when feasible
- C. reserve the use of psychotherapy for treatment of those conditions that persist over long periods of time or for the life of the patient
- D. offer the same level of compensation to all of the professional disciplines that provide behavioral healthcare services to plan members

Correct Answer: B

QUESTION 4

For this question, if answer choices (A) through (C) are all correct, select answer choice (D). Otherwise, select the one correct answer choice.

Many health plans use data warehouses to assist with the performance of medical management activities. With respect to the characteristics of data warehouses, it is generally correct to say

- A. that the construction of a data warehouse is quick and simple
- B. that a data warehouse addresses the problems associated with multiple data management systems
- C. that a data warehouse stores only current data
- D. all of the above

Correct Answer: B

QUESTION 5

In order to provide a true measure of quality, the data collected by a quality indicator should accurately represent the service dimension being measured. This information indicates that the indicator should exhibit the characteristic known as

- A. clarity
- B. reliability
- C. validity
- D. feasibility

Correct Answer: C

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