040-444^{Q&As}

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QUESTION 1

What is the best test to help determine ejection fraction at rest and during exercise?

A. Angiography.

B. Thallium stress test.

C. Single-proton emission computer tomography.

D. MUGA (blood pool imagery) study.

Correct Answer: D

QUESTION 2

Which of the following would provide the SMALLEST potential energy source in the body?

A. Fat.

B. Protein.

C. PCr.

D. ATP.

Correct Answer: D

QUESTION 3

What action should you take for a 55-year-old client who has three risk factors for heart disease and complains of fatigue on exertion?

A. Conduct asubmaximal stress test without the presence of a physician.

B. Conduct a maximal diagnostic stress test in the presence of a physician.

C. Use a questionnaire to evaluate activity, and do not conduct a test.

D. Start the client exercising slowly, and test after 6 weeks.

Correct Answer: B

QUESTION 4

Which of the following is NOT a principle of low back care?

A. Abdominal curl-ups/

B. Unloaded flexion/extension of the spine.

C. Neutral spine during all exercises.

D. Controlled leg press or squat with light weights.

Correct Answer: D

QUESTION 5

Diets high in saturated fat can lead to elevations in blood _____ concentration, which may increase risk of heart disease. Optimal concentrations of this blood lipoprotein are___

A. Very LDL-C,