



030-333^{Q&As}

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**QUESTION 1**

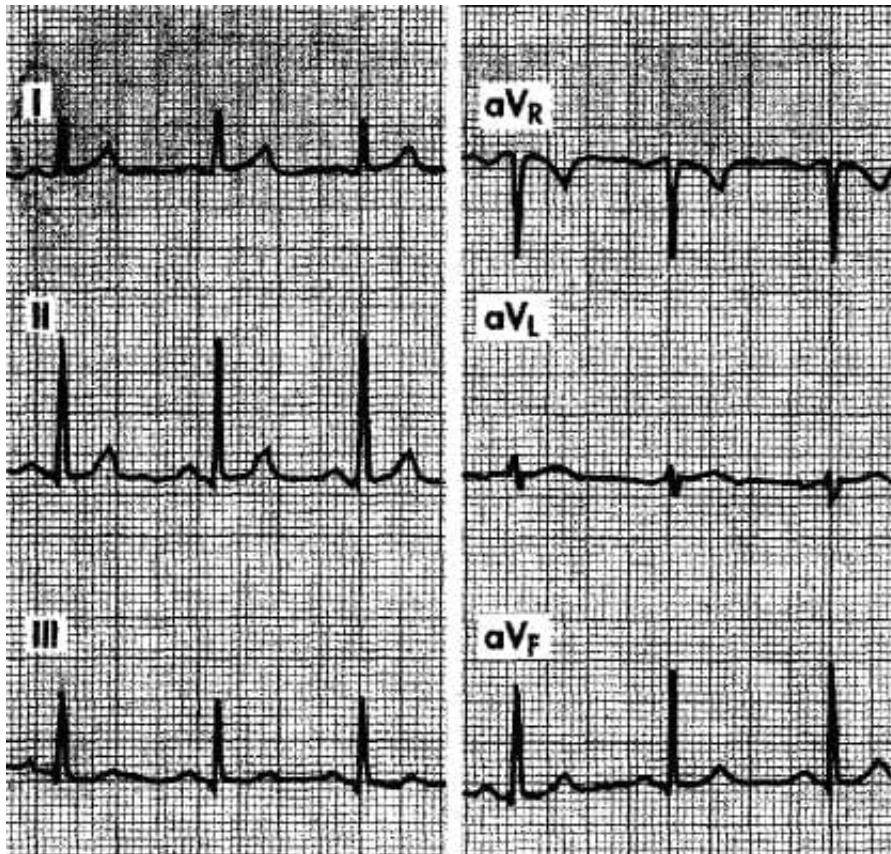
Which of the following is an appropriate exercise for clients with diabetes and loss of protective sensation in the extremities?

- A. Prolonged walking.
- B. Jogging.
- C. Step-class exercise.
- D. Swimming.

Correct Answer: D

QUESTION 2

Examine the six extremity leads shown in the figure below. What is the appropriate mean QRS axis?



- A. -30° .
- B. 60° .
- C. 90° .



D. 120°.

Correct Answer: B

QUESTION 3

At what running speed would you set a level treadmill at to elicit an $\dot{V}O_2$ of $40 \text{ mL} \cdot \text{kg}^{-1} \cdot \text{min}^{-1}$?

A. 5.0 mph

B. 6.8 mph

18.25 $\text{m} \cdot \text{min}^{-1}$

C.

D. 18.25 mph

Correct Answer: B

QUESTION 4

Athletes may have protein needs greater than those of sedentary individuals. What level of protein intake is the recommended UL for athletes?

A. 0.8 g/kg.

B. 1.4 g/kg.

C. 2.2 g/kg.

D. 1.7 g/kg.

Correct Answer: D

QUESTION 5

In the ECG strip shown below, which arrhythmia is present?



- A. Premature ventricular contractions.
- B. Ventricular tachycardia.
- C. Ventricular trigeminy.
- D. Ventricular bigeminy.

Correct Answer: B

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