



030-333^{Q&As}

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QUESTION 1

Abnormally tall and peaked T waves suggest which of the following?

- A. Hyperkalemia.
- B. Acute pericarditis.
- C. Acute MI.
- D. Hypokalemia.

Correct Answer: A

QUESTION 2

What is the primary reason why a manager or director should conduct a needs assessment?

- A. To determine the specific needs and interests of the target market.
- B. To determine the quality of potential fitness instructor who could be hired in the area.
- C. To determine the needs of management before developing the budget.
- D. To determine the need for new or different exercise equipment.

Correct Answer: A

QUESTION 3

Why would a fitness facility be interested in public relations?

- A. To increase exposure for the facility and sell its services.
- B. To become involved in local politics.
- C. To improve staff morale.
- D. To make the staff work harder.

Correct Answer: A

QUESTION 4

Muscular endurance training is best accomplished by:

- A. Performing four to six repetitions per set.
- B. Using high resistance.

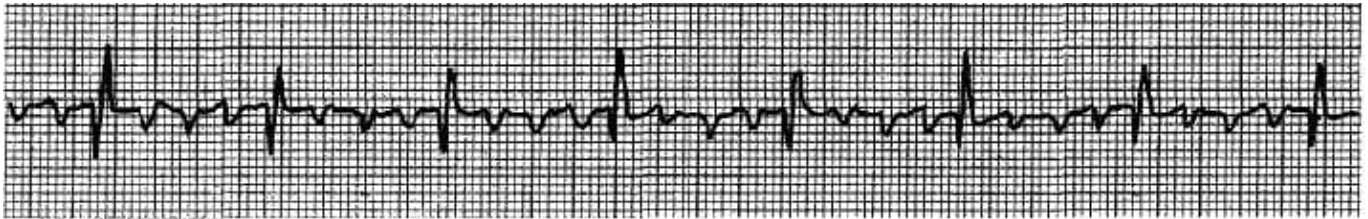


- C. Incorporating high repetitions.
- D. Performing isometric exercises only.

Correct Answer: C

QUESTION 5

In the ECG strip shown below, which arrhythmia is indicated?



- A. Atrial flutter.
- B. Atrial fibrillation.
- C. Premature atrial contractions.
- D. Atrial tachycardia.

Correct Answer: A

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