



020-222^{Q&As}

ACSM Health/Fitness Instructor Exam

Pass ACSM 020-222 Exam with 100% Guarantee

Free Download Real Questions & Answers **PDF** and **VCE** file from:

<https://www.passapply.com/020-222.html>

100% Passing Guarantee
100% Money Back Assurance

Following Questions and Answers are all new published by ACSM
Official Exam Center

-  **Instant Download** After Purchase
-  **100% Money Back** Guarantee
-  **365 Days** Free Update
-  **800,000+** Satisfied Customers





QUESTION 1

Given the sensitivity of the exercise ECG, stress testing conducted on 100 cardiac rehabilitation clients with documented CAD would be expected to produce what results?

- A. All 100 clients show ECG indicators of CAD.
- B. Approximately 50 clients show ECG indicators of CAD.
- C. Approximately 30 clients would show ECG indicators of CAD.
- D. Approximately 70 clients would show ECG indicators of CAD.

Correct Answer: D

QUESTION 2

What action should you take for a 55-year-old client who has three risk factors for heart disease and complains of fatigue on exertion?

- A. Conduct a submaximal stress test without the presence of a physician.
- B. Conduct a maximal diagnostic stress test in the presence of a physician.
- C. Use a questionnaire to evaluate activity, and do not conduct a test.
- D. Start the client exercising slowly, and test after 6 weeks.

Correct Answer: B

QUESTION 3

What is the most appropriate action in assisting a person suffering from a seizure?

- A. Hold the person down so that he or she does not hurt himself or herself.
- B. Do not touch the person, but be sure that he or she is in a safe area.
- C. Place a wedge in the person's mouth so that he or she does not swallow the tongue.
- D. Ignore the person, and allow the seizure to pass.

Correct Answer: B

QUESTION 4

What U.S. legislation is critical for operators of fitness facilities to understand and adhere to regarding safety?



- A. The Americans with Handicaps Act.
- B. The Civil Rights Act of 1966.
- C. The Health Portability Act of 1996.
- D. The Americans with Disabilities Act.

Correct Answer: D

QUESTION 5

Which of the following are symptoms of hypoglycemia?

- A. Hypotension.
- B. Cold, clammy skin.
- C. Tachycardia and slurred speech.
- D. Bronchospasms and hyperventilation.

Correct Answer: C

[Latest 020-222 Dumps](#)

[020-222 PDF Dumps](#)

[020-222 VCE Dumps](#)